

ST. MARY'S ACADEMY MIDDLE SCHOOL
REQUEST FOR EARLY RELEASE – PHYSICAL EDUCATION EXEMPTION

This replaces Independent Study

Middle School students at St. Mary's Academy who meet the following criteria outlined below are able to apply for **Early Release/PE Exemption** to fulfill their physical education requirement per trimester. **Early Release** is for students who are committed to an outside athletic program. Requirements for **Early Release**:

1. Student spends a minimum of 8 hours per week for 9 weeks within a structured, coached athletic program outside of school. Weekend-only sports do not qualify.
2. Student completes the application form below, makes a copy, and submits it to the Middle School office for review. The application includes the program instructor's signature and contact information.
3. Student's school day ends at 2:30 p.m. and he/she is retrieved from school at that time. The 2017-18 schedule does not allow for supervision of study at school.

IMPORTANT CONSIDERATIONS:

- ❖ A student may apply for and be granted **Early Release/PE Exemption** for two of the three trimesters. Participation in PE or a sport for one trimester of each year is a meaningful and required part of the MS Program.
- ❖ The Athletic Director, PE Chairperson, and Principal of the Middle School will evaluate requests and the SMA PE Department will notify parents/guardians of acceptance/rejection.
- ❖ If the program/sport is one that is offered in the St. Mary's Academy Middle School, **Early Release** will be granted only for those trimesters that the program/sport is not offered.
- ❖ To be eligible, application for **Early Release** must be completed and returned to the Middle School office no later than one week before the first day of each trimester. A separate form must be presented for each trimester requested or the form must clearly designate each of the trimesters for which Early Release is sought.
- ❖ The SMA Athletic Department will contact the coach/instructor to the student's commitment to the outside program.

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Student's Name: _____

Date: _____ Grade: _____ Trimester: _____

Athletic Program: _____

Name of Coach/Supervisor: _____

Phone Contact: _____

Email Contact: _____

Practice schedule (hours/time of day)

Game/Tournament/Performance dates:

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

Saturday _____

Please attach a description of the program, including start and end dates, location, and experience/level in the program.

Student Signature _____

Parent Signature _____

Coach Signature _____